



SRC Health Advisory: Haze Conditions

We would like to remind members to take the following precautions during this period of haze:

- Healthy individuals may continue outdoor activities at reduced intensity or duration. Stay well hydrated.
- Vulnerable persons should minimise outdoor activity when PM2.5 levels are **high**.
- When PM2.5 levels are **very high**, all are strongly advised to minimise outdoor activity.
- Those with chronic heart or lung conditions should keep medication readily available and seek medical attention if unwell.

Please monitor the latest PSI and 1-hour PM2.5 readings before heading outdoors and exercise caution according to your health condition.

Outdoor activities at SRC are guided by the official 24-hour PSI and 1-hour PM2.5 readings. Please refer to the **table below** for the **cancellation and charge-waiver criteria for outdoor facility bookings** during this period. Thank you for your cooperation and understanding.

Sports Department Singapore Recreation Club

Air-quality condition	Reading	Facility status	Cancellation / charges	Eligible-member waiver
 Normal	PSI 24-hour: 0–100 PM2.5 1-hour: below 50	Outdoor facilities remain open.	Normal 48-hour cancellation policy applies.	Not applicable.
 Elevated	PSI 24-hour: 101–151 PM2.5 1-hour: 50–99	Outdoor facilities remain open.	Normal 48-hour cancellation policy applies. No automatic refund or waiver.	A waiver may be considered upon verification of the prevailing haze reading and member eligibility. Eligible members: seniors aged 65 and above, children below 14, pregnant women, and persons with asthma or relevant respiratory conditions.
 High	PSI 24-hour: above 151 PM2.5 1-hour: 100 and above	Club may advise to cancel all outdoor court bookings, activities may resume only with SRC Clearance and after all participants sign an indemnity form. Participation is at their own risk.	No charge for cancellation. SRC will cancel all automatic bookings, activities and programmes.	Not applicable.
 Very High / Suspension	PSI 24-hour: above 200 PM2.5 1-hour: 150 and above	All outdoor activities are suspended. No outdoor activity is permitted. No indemnity form will allow activities to proceed.	No charge for cancellation. SRC will cancel affected bookings, activities and programmes.	Not applicable.